

Young children
are naturally
active and
inquisitive.

Learn-N-Gym

For children ages 2 to entering kindergarten

New this Fall at SoCal Gymnastics, **Learn-N-Gym**. **Learn-N-Gym** is a program for children ages 2 to 5 years old. It provides a safe, fun-filled environment for your child to exercise and develop their social skills. Your child will be introduced to large motor skills such as balancing, climbing, jumping, swinging, rolling and basic gymnastics. They will enjoy free play and active games. In addition, children in the **Learn-N-Gym** program will spend time working on fine motor activities like coloring, drawing, cutting and gluing.

Sample Daily Schedule

10:00-10:15 AM	Check-In/Coloring
10:15-10:25	Music/Warm-up
10:25-11:00	Gymnastics
11:00-11:45	Learning Activity
11:45-12:00 PM	Snack*
12:00-12:15	Storytime
12:15-12:30	Free Play/Good-bye



*Children must be able to be left alone without a parent. Please pack a snack.

For questions or to sign up for the **Learn-N-Gym** program, please call Angela Pires at 760-633-3440. A parent-signed waiver is required to participate, and can be downloaded from the website at www.socalgyc.com



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